

Hummingbirds & Butterflies

• Hummingbirds

Hummingbirds are attracted to the color red. It's best to have a lot of red flowers in your garden. They also like purple and pink. Hummingbirds use their long, narrow beak to drink from tubular flowers that are full of nectar. Keep that in mind when shopping for flowers to plant. Resist the temptation to hang a feeder with the hummingbird plants. It's best for them to get the natural nectar out of the plants around them. If you hang a feeder, please **don't add red food coloring** to the food. This is unhealthy for the hummingbirds.

• Butterflies

Brilliant colored flowers are magnets for butterflies, bees, and many other beneficial insects. To attract as many butterflies as possible plant large groupings of flowers they eat. Include plants that bloom throughout the growing season so butterflies have a choice from spring to fall. There are two different types of plants you can grow for butterflies; nectar food sources and larval food sources. Nectar sources attract the adult butterfly and many different types of flowers will serve as a nectar source. Providing larval food plants is where butterfly gardening diverts from all other types of gardening. With these plants you are feeding the caterpillars that eventually turn into adult butterflies.

- Black Swallowtail Larval Food
 - Dill, Parsley, Fennel, Carrots
- Monarch Larval Food
 - Milkweeds, Butterfly Weed

GENUS NAME	COMMON NAME	GENUS NAME	COMMON NAME
ACHILLEA	YARROW	EUPATORIUM	JOE PYE WEED
AGASTACHE	LICORICE MINT-HYSSOP	GAILLARDIA	BLANKET FLOWER
ALCEA	HOLLYHOCK	HEMEROCALLIS	DAYLILY
AQUILEGIA	COLUMBINE	HEUCHERA	CORAL BELLS
ARABIS	ROCK CRESS	HIBISCUS	ROSE MALLOW
ASCELPIAS	MILKWEED	IRIS	IRIS
ASTER	HARDY ASTER	LIATRIS	GAYFEATHER
BAPTISIA	FALSE INDIGO	LOBELIA	CARDINAL FLOWER
BUDDLEIA	BUTTERFLY BUSH	LUPINUS	LUPINE
CAMPANULA	BELLFLOWER	MALVA	MALLOW
CAMPSIS	TRUMPET VINE	MONARDA	BEE BALM
CENTRANTHUS	JUPITERS BEARD - VALERIAN	NEPETA	CATMINT/ CALAMINTHA
CERATOSTIGMA	PLUMBAGO/LEADWORT	ORIGANUM	OREGANO
CHELONE	TURTLEHEAD	PAPAVER	POPPY
CIMICIFUGA	ACTAEA SNAKEROOT	PENSTEMON	BEARDTONGUE
CLEMATIS	CLEMATIS	PHLOX	UPRIGHT GARDEN PHLOX
COREOPSIS	TICKSEED -THREAD LEAF	PHYSOSTEGIA	OBEDIANT PLANT
DELPHINIUM	LARKSPUR	RUDBECKIA	BLACKEYED SUSAN
DIANTHUS	GARDEN PINKS	SALVIA	MEADOW SAGE
DIGITALIS	FOXGLOVE	SAPONARIA	ROCK SOAPWART
ECHINACEA	CONEFLOWER	SCABIOSA	PINCUSHION FLOWER
ECHINOPS	GLOBE THISTLE	SEDUM	STONECROP